



*Pictured (from left) Gary Osmand, President Central Queensland Prostate Cancer Support and Awareness Group, Member for Capricornia Michelle Landry, prostate cancer survivor Peter Pierano and Rockhampton Hospital Prostate Cancer Specialist Nurse Judy Cornick help spread the word about the importance of early cancer screening.*

# MP urges blokes to take their Wally to the doctor

Member for Capricornia Michelle Landry visited Rockhampton Hospital this week to meet new Prostate Cancer Specialist Nurse Judy Cornick and spread the word about early screening.

Ms Landry urged Central Queensland men to give their walnut-sized prostate a name and take 'him' to the doctor for a health check.

She wants to help raise the profile of prostate cancer, which kills more men than breast cancer in

women.

The new federally-funded specialist nurse position helps ease the confusion and fear associated with being diagnosed with prostate cancer.

Judy is one of just 26 prostate cancer specialist nurses in Australia. The Prostate Cancer Foundation of Australia reports nine men a day (3300 a year) die in Australia from prostate cancer and 20,000 men a year are diagnosed, making it one of the biggest causes of male

deaths in the nation.

"Blokes should not be afraid of a check-up," Ms Landry said.

"I have a radical idea for raising the self-awareness of prostate cancer; name your walnut. Give yours a name. Get it out. And get it checked.

"If every bloke took his Walter, Wilbur or Wally to the doctor for a PSA or blood check-up, they might be able to identify signs of life-threatening prostate cancer a lot sooner."